

ODAWA

Odawa Native
Friendship Centre

News Letter

November
&
December
2006

12 Stirling Ave.
Ottawa.Ont K1Y 1P8
(613) 722- 3811
(613) 722- 4667



Odawa Native Friendship Centre
12 Stirling Ave
Ottawa, Ont.

| | |
|--------------------------------------|---|
| Aboriginal Healthy Babies Program | Colleen Savue |
| Akwe:go Children's program | Darryl Diamond |
| Employment & Training | Wendy Delher |
| Family Support | Kie Wouters, Victoria Desilets |
| Healing & Wellness Program | Vinny Kicknosway |
| Life Long Care Program | Marge Lanigan. Simone Charette |
| Parents As Teachers | Maureen Donally |
| Pre/Post Natal | Roberta Della – Picca |
| Sweetgrass Home Child Care Agency | Alison Tranter , Brandey Barnaby |
| Urban Aboriginal High School | Celina Matasawagon |
| Urban Aboriginal Homeless Initiative | Justin Penasse, Jason Iddison |
| Shawenjeagamik Drop In Centre | Carrie Baggos |
| Odawa Executive Director | Garry Lafontaine |
| Office Manager & Rental Bookings | Fran Kakegamick |

Tel:(613) 722- 3811
Fax: (613) 722- 4667
www.odawa.on.ca

do you like doing fun activities and experiments?



join the actua science explorers club!

Try Awesome Projects Like:

- Explore the science behind food – even candy
 - Investigate water purification
 - Tackle various design challenges
 - Experiment with electricity and renewable energy
 - Dive into super cool chemistry mysteries
- ... and LOTS more!!!

This FREE club is full of exciting activities as well as tons of games, prizes, and snacks!

For Aboriginal youth ages 7-12

Participants attend 3 Saturday sessions:

November 4th, November 25th and December 16th
(1:00pm – 4:00pm)

at the

Odawa Native Friendship Centre

To register or for more information call:

Darryl (ONFC) at 722-3811 ext. 243 or Steve (Actua) at 234-4137

Space is limited so register early!

An Actua camp

Supported by:

Akwe:go Up & about to 'Get Running'

I recall how quiet the office of Akwe:go was when I first started working last June - all I heard was the fans running from the AC. I still think of the words I tell people who are curious about what this program provides. *"It's too quiet here and intend to make some noise from children having fun, children learning new things, children being supported."* I confess I like the fact that I get to initiate the background sounds of children asking constant questions, children sharing what they know, children sharing what's important to them, children expressing who they are without shyness.

Akwe:go is beginning to show faces of children who like the program, children who want to come and have fun. Amusement which is one of the many ways children learn and deal with things that happen around them - things that are out of their control. What I appreciate is the support parents express and how each child doesn't want to go home when caregivers come to pick up them up.

This program is for children - I give the chance to give their ideas of what activities to do here. I do my best with my volunteer's help to ensure safety and cooperation with all those who participate and access these services. You are more than welcome to come join 'our' fun!

At the end of September, I met twenty-seven (27) of my Akwe:go peers. Program Workers who are running this kind of program across the province of Ontario and a team I am privileged to be a part of. The training sessions gave me the impression we are never alone even when we may feel so. The encouragement and suggestions I got from our training is the same kind of support I am willing and able to provide though Odawa's Akwe:go.

I look forward to meeting each of you in the future.

Sincerely In Friendship.

Darryl R. Diamond
Akwe:go Worker [ext. 243]

*Odawa Native
Friendship Centre*



VETERANS FEAST

**COME JOIN US REMEMBERING OUR VETERANS
AND THANKING THEM FOR THEIR PART IN
PROTECTING THE COUNTRY**



Thursday , November 9TH, 2006 5:30 P.M.

**ODAWA NATIVE FRIENDSHIP CENTRE
12 STIRLING AVENUE,
OTTAWA, ONTARIO**

**For More information please Call
(613) 722- 3811**



Odawa Native Friendship Centre's

11th Annual Aboriginal Art Auction

Saturday, December 2, 2006

You can help today!

Donate Native artwork and crafts

Volunteers needed

Purchase tickets

Corporate support

Tickets

\$40 Dinner & Auction/\$20 Auction Only

Order your tickets now!

Evening events:

4:00 pm Art Preview

6:00 pm Native Buffet Meal

7:15 pm Native Entertainment

8:00 pm Art Auction Begins

Odawa Native Friendship Centre

12 Stirling Avenue

Ottawa, ON K1Y 1P8

Call us today: 613-722-3811

or Simon Brascoupe at 613 447-3617

Ask about Aboriginal Art Leasing and Sales!



The Centre is made possible through the Homelessness Initiative of the City of Ottawa and the Urban Aboriginal Coalition consisting of The Odawa Native Friendship Centre, The Wabano Centre for Aboriginal Health, and Minwaashin Lodge.

Shawenjeagamik will provide a secure and culturally appropriate place where people can come to have hot meals, receive referral services, workshops on addictions, life skills, and traditional teachings.

**Three hot meals
per day will be provided on a scheduled basis.**

Hours of Operation: 8:00 am to 6:00 pm (3 meals, weekdays)
11:00 am to 6:00 pm (Brunch, Supper on weekends)

We provide many services based on need and requests:

Support Groups, Counselling, Elders, Training, Showers,
Laundry, Referrals, Internet Access, Daily movies, etc...

Donations are greatly appreciated.

**510 Rideau Street
Ottawa, ON K1N 5Z6**

Tel: (613) 789-3077
Fax: (613) 789-8403

www.odawa.on.ca/programs

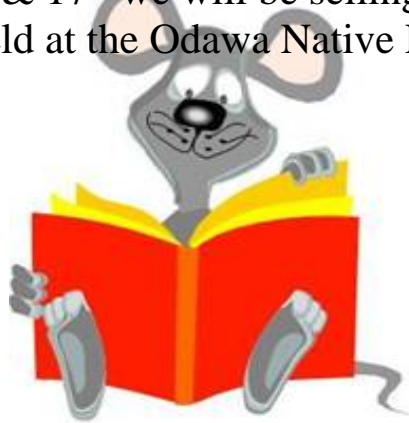
email: shawenjig@odawa.on.ca



ANGEL TREE

Once again our Angel Tree will be set up on the first floor of the Odawa Native Centre. Angels can be taken off the tree with various ages from 0 to 15 years. Please bring your unwrapped gift (wrapping paper donations would be greatly appreciated) before December 13th to the Sweetgrass Office on the second floor

On November 16th & 17th we will be selling children's books at the Craft Sale being held at the Odawa Native Friendship Centre in the gym.



Please support our raffle which will be held December 18th. All proceeds will be going to the Children's PowWow in March. Tickets are \$2.00 or 3 for \$5.00 and the prizes are a baby quilt and one or two tricycles.

MEEGWETCH FROM

ODAWA NATIVE SWEETGRASS AGENCY.



FOOD FOR FRIENDS 2006

Christmas Hampers will be packed up the week of December 18th to December 22nd. We hope to have hampers delivered by Friday, December 22nd.

If you are in need of a hamper for your family this year you are to do the following:

At the beginning of December, please phone Odawa Native Friendship Centre to get your name on our list. You can call 613-722-3811 or ext 239 after 9:00 a.m.

You will be eligible if you have not put your name on any other agencies' list. Remember, your name will be cross-checked with the other agencies.

We will need the following: your name, your spouse or partner's name, any other adults living in your household and your children's names and ages from 0 to 16 years of age.

We will need a contact phone number and the address where we are to deliver the hamper. If you can pick it up please let us know.

After registration, **PLEASE DO NOT CALL US** as we will let you know the date your hamper will be delivered.



FOOD FOR FRIENDS

Christmas Craft Sale

November 16 & 17, 2006
10 a.m. – 3 p.m.

Lunch 11:30 a.m. - 1:30 p.m.

ODAWA NATIVE FRIENDSHIP CENTRE
12 Stirling Avenue
Ottawa, ON K1Y 1P8

Kick start your Christmas shopping!
Arts, crafts, gifts, and much more!

Limited vendor spaces on first-come first-serve basis
Call to register today!

To register or for more information:
Delores ~ (613) 232-0016

For more information:
Ojawa Native Friendship Centre
(613) 722-3811

All proceeds of the
Food For Friends Craft Sale
Are contributed to assisting families in need





Like to become a childcare provider?

We are an Aboriginal Home Childcare Agency providing childcare to the First Nation Community of Ottawa.

If you are interested in becoming a childcare provider, please give us a call or stop by at our office, we are located in the Odawa Native Friendship Centre.

*12 Stirling Ave. Ottawa, Ont.
Contact: Alison Tranter or Brandey Barnaby
(613) 722-3811 ext. 234/235*

www.odawa.on.ca



COME TO THE PLAYLODGE

WHEN: Fridays from 9:00 a.m. to 11:30 a.m.

WHAT: free play, arts & crafts, snack, storytime

**WHERE: Odawa Native Friendship Centre
12 Stirling Avenue
Second floor
E.C.E. staff in program**

**PARENTS/CAREGIVERS TO STAY WITH
THEIR CHILDREN**

**FOR INFORMATION PLEASE CALL
613-722-3811 ext 239**



Odawa Native Friendship Centre's

11th Annual Aboriginal Art Auction

Saturday, December 2, 2006

You can help today!

Donate Native artwork and crafts

Volunteers needed

Purchase tickets

Corporate support

Tickets

\$40 Dinner & Auction/\$20 Auction Only

Order your tickets now!

Evening events:

4:00 pm Art Preview

6:00 pm Native Buffet Meal

7:15 pm Native Entertainment

8:00 pm Art Auction Begins

Odawa Native Friendship Centre

12 Stirling Avenue

Ottawa, ON K1Y 1P8

Call us today: 613-722-3811

or Simon Brascoupe at 613 447-3617

Ask about Aboriginal Art Leasing and Sales!

THE ODAWA NATIVE FRIENDSHIP CENTRE INC.
 12 STIRLING AVENUE, OTTAWA, ONTARIO K1Y1P8
 PHONE:(613) 722-3811 FAX: (613) 722- 4667
www.odawa.on.ca

MEMBERSHIP FORM

Today's Date: _____

This membership entitles you to participate in the centre's activities; It gives you the privilege of voting and holding office as a member of the Board of Directors, it also gives you the right to contribute, In any positive way, to the development and progress of Odawa towards meeting its objectives.

Members under 18 years of age are not eligible to vote in matters affecting the administration of the centre. All applications will be kept in strict confidence.

| | | |
|-----------------------------|----------------|---|
| Name(Please Print): | Spouse: | Children under 18 yrs of age: |
| | | |
| Mailing Address: | | |
| Tel. (Home): | | Newsletter and any information from Odawa received by: Mail: _____ Email : _____ Fax: _____ |
| Tel. (Work) : | | |
| Fax Number: | | |
| Email Address: | | |

Please Notify us as soon as possible if you change your address or Number – Thank You

| Membership Fees | | |
|------------------------|-----------------|--|
| Family | \$ 10.00 / year | |
| Adult | \$ 3.00 / year | |
| Student | \$ 1.00 / year | |
| Senior | \$ 2.00 / year | |

Are you willing to volunteer some of your time on a regular basis? Yes () No () Not sure ()
 If yes, please specify, example: Children's activities, culture activities, social events, youth, recreation, fund raising, or other:

 Other Comments or Interests

Please pay in person or make cheque/money order payable to: Odawa Native Friendship Centre

| | | |
|--------------------------------|--|-------------------------------|
| Membership Number: | | New : |
| Receipt Number: | | Renewal : |
| Receipt Signed By : | | Adding to membership: |
| Membership Expiry Date: | | Added to Mailing List: |