



Wabano Aboriginal Health Centre, 299 Montreal Rd, Ottawa

Odawa Native Friendship Centre, 12 Stirling Ave, Ottawa



Snowshoeing for all ages!

When?

- **Saturday, January 24th, 2009– Meet at Wabano**
- **Sunday, February 1st, 2009– Meet at Wabano**
- **Saturday February 7th, 2009– Meet at Odawa**

Time? 1:00pm sharp

Cost? Donations accepted

To register please contact either Pam or Bev

Pamela Naymark, 613 748 0657 ext 223; pnaymark@wabano.com

Beverley Sunday, 613 722 3811 ext 226; healthyliving@odawa.on.ca



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