

Odawa Native Friendship Centre



Newsletter
February & March 2007

12 Stirling Ave.
Ottawa, Ont.
K1Y 1P8
(613) 722- 3811
www.odawa.on.ca



Hip Hop at Odawa

Age 7–12yrs

Starting

January 20th 2007

7 weeks

Every Saturday @ 1:30pm



*****Registration required*****

For More Information Contact

Brandey Barnaby

(613) 722-3811

12 Stirling Ave

Ottawa, Ont.

bbarnaby@odawa.on.ca

December 2006 to March 2007

LIFE LONG CARE



The goal of this program is to respond to the life long care needs of older Aboriginal people who may have limited mobility related to a persistent medical condition or physical disability.

Reflections - always the busiest time of the year, this past December was no different what with the annual LLC Christmas celebrations, that included a raffle, gift exchange and a meal to warm your soul prepared by none other than talented Dee. Long-time Odawa and LLC volunteer Delores Peltier won a beautiful gift basket donated by Stephanie who filled the basket with everything but the kitchen sink; Dolly won the (re-donated) table runner that was quilted by Dee last year. Santa's Elves on Wheels went



into full gear on the 19th; volunteers cooked, packaged, and delivered a hot turkey meal with all the trimmings and 37 gift baskets to those who are alone or seldom

able to participate in the weekly LLC activities for health reasons. Again...hats off to Stephanie who Cree-ated this amazing array of gift baskets! The Elves worked so hard to give a li'l cheer and well wishes, that staff of the Life Long Care Program is more than happy to extend an invitation for repeat performances...know that each and everyone of you is cared for, and truly appreciated!!!

January was business as usual with a weekly congregate dining/ adult day session and lots of reporting. Volunteers, aka the Elves, got together with staff to plan activities for the upcoming year with lots of fun in store.

Birthday Corner -although not mentioned in previous newsletters, Claire received honours for her special birthday in **December**. Other December birthdays included Carolyn, Jenny and Mary-Lou. **January** sees Terry, Wabi and Ken turn a year older (or wiser, maybe); in **February**, we honour Deborah, Helen, Andrew, Winnie, Fran, Margo, Josie and Jessie; and **March** birthdays include Elisabeth, Doreen, Kathy, Cecilia, Patricia, Darlene, Irene, and Simone. So...lots of goings on from now to the end of March!



Welcome, Nancy! Our most recent volunteer started off the new year by assisting with the Thursday lunches and with much needed help in the office. Beware for there are many more tasks that will keep you occupied in the coming months, Nancy.

What's in Store - February sees Valentine's Day and birthday honours celebrated on the 15th-so . Student dental hygienists will also be making a presentation, and a series of five safety workshops from W.I.S.E. will be taking place between February and May. During a ceremony on March 22nd, with the guidance of Irene Lindsay, we will Honour Our Relations.

Till Next Time...

Simone and Marge-Life Long Care Program



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Employment Referral & Training Program

The Employment Referral & Training program has been diligently working at promoting our first "Path To Employment" 2007 Career Symposium taking place at the Odawa Native Friendship Centre March 13th & 14th 10am – 4pm. Thus far our efforts have been focused on confirming and securing interested organizations participation in our career symposium. We are in the process of creating an information poster that will display the organizations that will be participating and the activities that will be taking place.

For those looking at getting a jump-start on summer employment check out these links:

www.ontario.ca/employmentontario

http://ottawa.ca/city-hall/careers/summer/index_en.html

http://careers-carrieres.ottawapolice.ca/civilian/student_jobs.cfm

Employment Referral & Training Officer
Wendy Dehler

Employment Referral & Training In-Take Worker
Nick Printup



Would you like that little extra support in dealing with that most important job of being a parent?

As a Parent As Teacher Educator I will come into your home for an hour on a bi-weekly basis and share age-appropriate child development and parenting information, helping you to observe your child, and address any parenting concerns you have.

This is the **SUPPORT YOU DESERVE**

If you are interested, I still have spaces available in the mornings or afternoons.

I am in my office Monday to Thursdays so please give me a call at Odawa Native Friendship at 722-3811 ext. 269

I am looking forward to hearing from you